



## 5 Day Devotional

God's promises can be right in front of us while our perception keeps us stuck in the wilderness. This devotional will help you notice the "giants" that dominate your focus, replace fear-based thinking with faith-filled truth, and learn to see your life through God's provision. Over five days, you will practice reframing your perspective so you can move forward into what God has for you.

### Day 1

Numbers 13:30-33

Israel stood on the edge of the promised land, but their perception shaped their outcome. The spies saw the same land, yet some fixated on giants while others saw God's provision—grapes, fruitfulness, and evidence that the promise was real. Being blocked often isn't about a closed door; it's about a narrowed view.

Fear has a way of enlarging obstacles until they feel final. When you repeatedly rehearse what could go wrong, you start living as if the promise is impossible. But faith names the giants without enthroning them, because it remembers God's track record and sees beyond the immediate intimidation.

Today, ask yourself what has been taking up the most space in your mind: the “giants” or the “grapes.” The land didn’t change—only their interpretation did. God invites you to face reality honestly while refusing to let fear define reality for you.

1. Who does the Bible say I am in Christ?
2. How can understanding my identity in Christ change my perspective on daily challenges?
3. What steps can I take to embrace my true identity rather than the labels the world places on me?

## Day 2

### Numbers 14:6-9

Joshua and Caleb didn't deny the challenge; they refused the rebellion of fear. Their confidence rested on one decisive phrase: "If the Lord is pleased with us, he will lead us." They understood that entering the promise isn't powered by human strength but by God's presence and pleasure.

Perception becomes spiritual formation: what you repeatedly agree with shapes what you're willing to attempt. When fear leads, you interpret discomfort as danger and delay as denial. But faith interprets discomfort as growth and delay as a hallway—not a dead end.

Today is about choosing agreement. You can agree with intimidation, or you can agree with God's promise and His ability to give what He has spoken. The promised land is received before it is possessed—God gives, and you follow.

1. What does it mean to have faith in God during difficult times?
2. How can I strengthen my faith in practical ways?
3. Can you recall a moment when faith led you to a breakthrough? How did that experience shape your relationship with God?

## Day 3

### Romans 12:2

Being blocked by perception is often a battle of the mind. You can't control every circumstance, but you are responsible for what you dwell on and what you accept as true. God invites you into transformation through renewal—learning to think in alignment with His truth rather than the world's fear-based narratives.

The sermon highlighted how we can “seek the bad and find it” or “look for the good and find it.” This isn't pretend positivity; it's discipline in where you place your attention. When your mind is renewed, you start noticing God's fingerprints in places you once only saw threats.

Renewal takes practice. You replace anxious scripts with God's promises, you challenge the inner radio of accusation, and you choose interpretations that lead to faith and obedience. Over time, a renewed mind becomes a new pathway forward.

1. What doubts do I struggle with in my faith journey?
2. How can scripture help me address these doubts?
3. In what ways have I seen God reaffirm His promises in my life?

## Day 4

### Romans 8:31

The question “If God is for us, who can be against us?” is not denial of opposition; it’s a re-centering of confidence. Giants may exist, critics may speak, and setbacks may happen, but none of them outrank the commitment of God to His people. When God is “for you,” the most decisive reality has already been established.

Many believers get blocked because they interpret condemnation as identity. The enemy wants your focus locked on your sin, shame, and inadequacy so you won’t step into love, peace, joy, and mission. But the gospel doesn’t minimize sin; it magnifies grace and gives you a new place to stand.

Today, your assignment is to relocate your confidence—from your performance to God’s posture toward you. You fight differently when you believe you are chosen, accompanied, and supported by God. That belief doesn’t remove battles; it removes the lie that battles mean you’re abandoned.

1. What unique gifts and talents has God given me to fulfill my purpose?
2. How can I actively seek opportunities to serve others using my gifts?
3. What does living a purpose-driven life look like in my daily routine?

## Day 5

James 1:2-4

The hallway seasons—the time between one door closing and the next opening—can feel like “hell in the hallway.” But Scripture teaches that trials can produce steadfastness, maturity, and spiritual strength. The hallway is not wasted when God is shaping you in it.

Perception determines whether you interpret the hallway as punishment or preparation. If you believe God has abandoned you, you will either panic or shut down. If you believe God is forming you, you will keep walking, even when you can’t see the next step clearly.

Today, choose a forward-looking faith: not a fake smile, but a steady trust that God can turn what is hard into what is fruitful. The goal isn’t merely reaching a destination; it’s becoming the kind of person who can live in the promise with humility, courage, and dependence on God.

1. Why is community essential for spiritual growth and support?
2. How can I contribute positively to my community of faith?
3. What actions can I take to build deeper relationships with others in my faith journey?